

NORTON YOUTH SOCCER LEAGUE

P. O. BOX 680
NORTON, MA 02766

Email: NYS@NORTONYOUTHSOCCER.ORG

Website: NORTONYOUTHSOCCER.ORG

Fall Recreation Season – Coach’s Checklist

1. Review Roster and check MYSA forms for medical or special issues. Bring MYSA forms to ALL practices and games as they have contact and emergency information them.
2. Call all players within one week of receiving your roster.
 - ◆ Introduce yourself and give parents your phone number, date, time, field number and location of first practice.
 - ◆ Shin guards are mandatory. Soccer cleats (not baseball or football) and mouth guards are recommended.
 - ◆ Jewelry is prohibited from being worn to practices or games. The only pieces of jewelry that are allowed are Medic Alert bracelets/necklaces which must be taped down (either to the wrist, back or chest). These restrictions on jewelry are the same that are in place for US Youth Soccer, Mass Youth Soccer, and all affiliated leagues. Taping over of earrings is not an acceptable alternative. Eyeglasses and sunglasses are allowed if they are prescription in nature.
 - ◆ Drinks are the player’s responsibility.
 - ◆ You will provide each player with a ball as his/her equipment. **They are to bring it to every practice.**
 - ◆ You will receive equipment at the coaches meeting. It is to be returned after your last game of the season.
3. Immediately inform Age Group Coordinator and the League of any players who decide not to play. There may be a waiting list for the age group. You may email registrar@nortonyouthsoccer.org to notify the League Registrar. Do not swap players or transfer players between teams. Uniforms were ordered by team size as set by the League. We try very hard to balance teams.
4. After the first practice, have a team meeting with the parents and explain the following:
 - ◆ This is a recreational league, no score or standings are kept.
 - ◆ The League is run by volunteers; volunteer schedules are posted on the NYS website. Thank you for volunteering!
 - ◆ **NYS will cancel games; coaches will/may cancel practices. Cancellations will be posted on the NYS website.**
 - ◆ Reschedule of rainouts are determined by the League. If rescheduled, rainouts are played on the next available Sunday using the same schedule.
 - ◆ Hand out picture envelopes and any fliers in your packet.
 - ◆ **Do not handout uniforms until you have seen every player on your team!** You will need to mentally size each player in order to hand out uniforms. Uniforms are ordered in a variety of sizes to accommodate large and small players. Please match up shirts and shorts sizes prior to distributing. Socks come in one size. During the last practice before opening day, please hand out uniforms.
5. Complete your ratings sheets. An email will be sent during the season that will include instructions. Ratings are due before the last game of the season. Ratings are very important and help us create evenly matched teams for the recreational season.
6. Please refer to the NYS website for league information and game cancellations. The League cancels the games; you may cancel or adjust the time of your practice schedule. Each team is assigned one practice per week. The fields are utilized each night. If you change a practice night, you may not have a field to use.
7. Please inform you Age Group Coordinator of any issues as soon as they occur. The Age Group Coordinator is your liaison with the League.
8. Remember to adhere to the Zero Tolerance Policy at all times during games. Please see a Board member if you have trouble with another coach or the referee during a game.

Thank you for being part of Norton Youth Soccer and enjoy the season!