

Norton Youth Soccer – Basic Rules of Play

All rules of FIFA will be adhered to, with the certain exceptions in each age group.

- ◆ Score and standings will not be maintained.
- ◆ All players will play a minimum of ½ of each game they are present at.
- ◆ No player shall play more than 3 quarters on one line. A line is defined as forward, midfield, defense and goal.
- ◆ Coaches will not let scoring go beyond a 5-goal differential.
- ◆ Spectators should be on opposite sideline.
- ◆ Games are clocked by running time.
- ◆ ZERO TOLERANCE POLICY.

Under 7 & 8 Rules

1. 6 v 6: 6 players on the field at one time, including the goalie.
2. Game time will be 4 – 10 minute quarters.
3. Subbing will be permitted on either teams' throw-in or goal kick, as well as after a goal. Substitutions should occur from midfield
4. One coach from each team will be on the field for the first 5 games to instruct players. Coaches may not be in the goal area. Spectators should be on the opposite sideline.
5. The other coach from each team will be on the sidelines to supervise the bench players and also to instruct from the sideline.
6. There will be no bad throw-ins. The referee will stop play to instruct the player on the proper procedure, and then have the same player take the throw-in again.
7. There are no offsides.
8. Size 3 ball.

Under 9 & 10 Rules

1. 8 v 8: 8 players on the field at one time, including the goalie
2. Game time will be 2 – 25 minutes halves.
3. Subbing will be permitted on **own** team's throw-in or goal kick, the defensive team may sub if the offensive team is subbing as well as after a goal. Substitutions should occur from midfield
4. Coaches may instruct players from their half of the sideline, but not within 12 yards of the goal area.
5. Spectators should be on opposite sideline of the players.
6. Players will be allowed a second chance throw-in. The referee will instruct the player on the correct procedure prior to the second attempt. If the second attempt is bad, the opposing team will be awarded the throw-in.
7. There are offsides.
8. Slide tackles and flips are not allowed. The referee will stop play if either occurs. The ball will be awarded to the opposing team as an indirect kick, and the offending player will be warned. The referee will notify the coach and request the coach substitute the player if additional incidents occur.
9. Size 4 ball.

Under 11, 12 & 14 Rules

1. Game time will be 2 – 25 minutes halves.
2. Subbing will be permitted on **own** team's throw-in or goal kick, the defensive team may sub if the offensive team is subbing as well as after a goal. Substitutions should occur from midfield
3. Coaches may instruct players from their half of the sideline, but not within 12 yards of the goal area.
4. Spectators should be on opposite sideline of the players.
5. There are offsides.
6. Slide tackles and flips are not allowed. The referee will stop play if either occurs. The ball will be awarded to the opposing team as an indirect kick, and the offending player will be warned. The referee will notify the coach and request the coach substitute the player if additional incidents occur.
7. U11/12 – 8 v 8: 8 players on the field including the goalie – size 4 ball.
8. U13/14/15 – 8 v 8: 8 players on the field including the goalie – size 5 ball.